

Ultimate Banana Bread

Yield: 10 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-ultimate-cookbook-recipe-for-waffles>

Ingredients:

- 1 3/4 cups unbleached all purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon table salt
- 6 bananas large very ripe, about 2¹/₄ pounds, peeled, see note
- 8 tablespoons unsalted butter melted and cooled slightly
- 2 large eggs
- 3/4 cup light brown sugar packed
- 1 teaspoon vanilla extract
- 1/2 cup walnuts toasted and coarsely chopped, optional
- 2 teaspoons granulated sugar

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 65 milligrams
4. Fat: 14 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 6 grams
8. Sodium: 270 milligrams
9. Sugar: 26 grams

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