

# Roasted Tomato Bisque

Yield: 4 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-tomato-bisque-recipe>

## Ingredients:

- 2 1/2 pounds plum tomatoes halved lengthwise
- 1 1/4 teaspoons kosher salt plus more, to taste
- freshly ground pepper to taste
- 1 teaspoon extra-virgin olive oil
- 1 yellow onion small, chopped
- 1 garlic clove small, minced
- 1 teaspoon sweet paprika
- 1 cup water
- 4 teaspoons light sour cream
- 4 teaspoons fresh flat leaf parsley chopped

## Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 5 milligrams
4. Fat: 2 grams
5. Fiber: 4 grams
6. Protein: 4 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 770 milligrams
9. Sugar: 10 grams

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