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Sweet Potato Cinnamon Rolls

Yield: 4 min Total Time: 105 min

Recipe from: <u>https://www.recipeschoose.com/recipes/southern-living-sweet-potato-cinnamon-rolls-recipe</u>

Ingredients:

- 1 pound sweet potato
- 4 1/2 cups all purpose flour
- 8 tablespoons butter unsalted, softened
- 3 eggs
- 1/2 cup water lukewarm
- 1 tablespoon active dry yeast
- 2 tablespoons sugar
- 1 1/3 cups brown sugar
- 2 1/2 tablespoons canela
- 3 tablespoons all purpose flour
- 8 tablespoons butter unsalted, at room temperature
- 2 cups powdered sugar same as confectioners sugar or icing sugar
- 2 tablespoons milk
- 1 teaspoon vanilla extract
- 4 tablespoons butter unsalted, melted
- 1/8 teaspoon salt

Nutrition:

- 1. Calories: 1670 calories
- 2. Carbohydrate: 254 grams
- 3. Cholesterol: 310 milligrams
- 4. Fat: 63 grams
- 5. Fiber: 11 grams
- 6. Protein: 24 grams
- 7. SaturatedFat: 37 grams
- 8. Sodium: 620 milligrams
- 9. Sugar: 118 grams

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