

One Skillet Steak Diane

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-steak-diane-recipe>

Ingredients:

- 2 tablespoons avocado oil [Click here for my favorite brand](#)
- 4 ribeye steaks
- salt to taste
- 2 tablespoons butter
- 1/2 cup diced onion or shallot
- 8 ounces baby bella mushrooms sliced
- 2 cloves garlic minced
- 1 tablespoon worcestershire
- 1 tablespoon Dijon mustard
- 1 cup heavy cream
- 1/2 teaspoon xanthan gum [click here to see my favorite brand](#)
- salt
- pepper
- fresh parsley for garnish, optional

Nutrition:

1. Calories: 1170 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 305 milligrams
4. Fat: 96 grams
5. Fiber: 2 grams
6. Protein: 63 grams
7. SaturatedFat: 41 grams
8. Sodium: 670 milligrams
9. Sugar: 3 grams

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