

Spinach Strawberry Salad

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-spinach-strawberry-salad-recipe>

Ingredients:

- 6 ounces baby spinach leaves approx 6 cups
- 1 pint strawberries approx. 16 medium-size fresh, hulled and quartered or sliced
- 1/4 cup red onion thinly sliced
- 1/4 cup crumbled feta cheese
- 4 tablespoons poppy seed dressing raspberry
- 1/2 cup candied pecan pieces**

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 10 milligrams
4. Fat: 9 grams
5. Fiber: 2 grams
6. Protein: 2 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 105 milligrams
9. Sugar: 6 grams

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