

Southwest Chicken Skillet

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-southwest-salsa-recipe>

Ingredients:

- 1 cup long-grain white rice uncooked, * \$0.33
- 1 cup salsa \$0.65
- 2 cups chicken precooked shredded, ** \$3.50
- 15 ounces black beans \$0.49
- 1 tablespoon chili powder *** \$0.30
- 1 3/4 cups chicken broth **** \$0.23
- 1 cup shredded cheese \$1.00
- 3 green onions sliced \$0.26

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 62 grams
3. Cholesterol: 100 milligrams
4. Fat: 15 grams
5. Fiber: 10 grams
6. Protein: 43 grams
7. SaturatedFat: 7 grams
8. Sodium: 1110 milligrams
9. Sugar: 3 grams

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