

SOS Hamburger Gravy

Yield: 6 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-sos-recipe>

Ingredients:

- 1 pound ground beef
- 2 cups milk 2% or higher
- 4 tablespoons salted butter
- 4 tablespoons all purpose flour
- 1 teaspoon salt
- 1 teaspoon freshly ground pepper
- 12 slices bread toasted

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 80 milligrams
4. Fat: 23 grams
5. Fiber: 1 grams
6. Protein: 23 grams
7. SaturatedFat: 11 grams
8. Sodium: 900 milligrams
9. Sugar: 7 grams
10. TransFat: 1 grams

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