

Gibson Family Shrimp and Grits a Ya-Ya

Yield: 6 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-smoked-gouda-grits-recipe>

Ingredients:

- 5 cups chicken stock
- 1 1/2 cups grits
- 1 cup heavy cream
- 1 gouda cheese round
- salt
- 3 tablespoons unsalted butter
- 1 cup minced onion
- 1 cup green bell pepper minced
- 1 cup red bell pepper minced
- 1 tablespoon minced garlic
- 1 1/2 pounds shrimp fresh Gulf
- 1 cup dry white wine
- 1 cup heavy cream
- salt
- pepper
- cayenne pepper to taste
- 4 strips cooked bacon crumbled
- green onions minced
- paprika

Nutrition:

1. Calories: 800 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 325 milligrams
4. Fat: 47 grams
5. Fiber: 5 grams
6. Protein: 35 grams

7. SaturatedFat: 26 grams
 8. Sodium: 760 milligrams
 9. Sugar: 8 grams
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