

Slow Cooker Taco Soup

Yield: 4 min
Total Time: 250 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-slow-cooker-taco-soup-recipe>

Ingredients:

- 2 pounds ground beef
- 1 medium onion diced
- 2 packets ranch dressing mix
- 2 packets taco seasoning
- 32 ounces chicken broth
- 14 1/2 ounces tomato sauce canned
- 29 ounces diced tomatoes with Chiles, canned
- 14 1/2 ounces black beans canned
- 1 can corn
- tortilla chips
- sour cream
- cheddar cheese

Nutrition:

1. Calories: 890 calories
2. Carbohydrate: 64 grams
3. Cholesterol: 165 milligrams
4. Fat: 45 grams
5. Fiber: 15 grams
6. Protein: 62 grams
7. SaturatedFat: 17 grams
8. Sodium: 1110 milligrams
9. Sugar: 19 grams
10. TransFat: 2.5 grams

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