

Easy Thai Glass Noodle Seafood Salad

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-seafood-salad-recipe>

Ingredients:

- 3 glass noodles small bundles
- 1 pound seafood frozen mix
- 1/2 medium yellow onion thin sliced
- 2 green onion chopped
- 1/2 cup mint leaves
- 15 Thai peppers crushed
- 2 fresh lime juice
- 2 tablespoons soy sauce Green Mountain brand
- 2 1/2 tablespoons fish sauce
- 1 pinch stevia

Nutrition:

1. Calories: 20 calories
2. Carbohydrate: 4 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sodium: 1320 milligrams
6. Sugar: 1 grams

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