

Scalloped Corn

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-scalloped-corn-recipe>

Ingredients:

- 30 ounces corn drained
- 15 ounces creamed corn
- diced bell pepper I omitted this.
- diced onion Ditto.
- 2 eggs
- 1/4 cup butter melted
- 1 cup sour cream I used light sour cream and it worked fine.
- 1 box cornbread mix Jiffy
- salt
- pepper
- 1/8 teaspoon cayenne pepper

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 66 grams
3. Cholesterol: 165 milligrams
4. Fat: 28 grams
5. Fiber: 9 grams
6. Protein: 14 grams
7. SaturatedFat: 15 grams
8. Sodium: 690 milligrams
9. Sugar: 13 grams

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