

SCALLOPED CABBAGE AND HAM CASSEROLE

Yield: 9 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-scalloped-cabbage-recipe>

Ingredients:

- 1 head cabbage chopped
- 1 onion medium, chopped
- 1 cup green pepper chopped, could use red or orange, too
- 3 cups water
- 4 ounces pimentos sliced, drained
- 2 cups chopped ham cooked, I use Kentucky Legend ham
- 4 tablespoons butter for sauce
- 3 tablespoons all-purpose flour
- 1 1/4 cups milk
- 1/2 teaspoon black pepper
- 1/2 teaspoon salt
- 1 cup shredded sharp cheddar cheese
- 1/4 cup bread crumbs
- 2 tablespoons butter for top of casserole
- 1 teaspoon paprika

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 35 milligrams
4. Fat: 13 grams
5. Fiber: 3 grams
6. Protein: 7 grams
7. SaturatedFat: 8 grams
8. Sodium: 330 milligrams
9. Sugar: 4 grams

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