

# JK's Sausage Casserole

Yield: 6 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-sausage-casserole-recipe>

## Ingredients:

- 1 pound pork sausage fresh, ground
- 1 onion thinly sliced
- 1 1/2 cups cheddar cheese shredded
- 4 slices bread
- 6 eggs
- 2 cups milk

## Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 305 milligrams
4. Fat: 37 grams
5. Fiber: 1 grams
6. Protein: 30 grams
7. SaturatedFat: 15 grams
8. Sodium: 900 milligrams
9. Sugar: 7 grams

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