

# Salted Caramel Blended Ice Milk

Yield: 2 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-salted-caramel-cake-recipe>

## Ingredients:

- 2/3 cup heavy cream
- 6 tablespoons unsalted butter
- 1 cup granulated sugar
- 1/4 teaspoon vanilla extract
- 1/4 teaspoon sea salt
- 1 cup crushed ice
- 1 1/2 cups whole milk
- 1/2 cup salted caramel
- whipped cream
- caramel

## Nutrition:

1. Calories: 1280 calories
2. Carbohydrate: 140 grams
3. Cholesterol: 245 milligrams
4. Fat: 78 grams
5. Protein: 10 grams
6. SaturatedFat: 48 grams
7. Sodium: 510 milligrams
8. Sugar: 133 grams

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