

Red Velvet Cupcake

Yield: 9 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/red-velvet-cupcake-recipe-indian>

Ingredients:

- 3 eggs
- 1/4 cup coconut oil
- 1/2 cup coconut milk
- 1/2 teaspoon vanilla extract
- 1/4 cup erythritol or sweetener of choice
- 1/4 cup coconut flour
- 1/2 teaspoon baking powder
- 1 tablespoon cocoa powder unsweetened
- 3 teaspoons red food colouring
- 1/4 teaspoon salt
- 100 grams cream cheese softened
- 1/4 cup butter unsalted softened
- 1 tablespoon erythritol or sweetener of choice
- 1 teaspoon vanilla extract

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 95 milligrams
4. Fat: 22 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 16 grams
8. Sodium: 190 milligrams
9. Sugar: 1 grams

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