

# Shrimp Grapefruit Salad

Yield: 6 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-red-grapefruit-salad-recipe>

## Ingredients:

- 1/2 cup fresh lime juice
- 1 1/2 tablespoons worcestershire sauce
- 2 cloves minced garlic
- 1 teaspoon red curry paste
- 2 cups shrimp cooked small, shelled
- 1 1/2 cups unsweetened shredded coconut
- 3 tablespoons chopped cilantro
- 1 avocado ripe, cut into cubes
- 1 red grapefruit Sweet Scarletts, peeled and sectioned
- salad mix Bagged, choice, I like to go heavy on the spinach!

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 115 milligrams
4. Fat: 13 grams
5. Fiber: 5 grams
6. Protein: 17 grams
7. SaturatedFat: 6 grams
8. Sodium: 220 milligrams
9. Sugar: 11 grams

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