

# Twice-Baked Mashed Potatoes

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-recipe-twice-baked-mashed-potatoes>

## Ingredients:

- 1/2 cup chopped onion
- 1/2 cup green pepper chopped
- 1 tablespoon vegetable oil
- 4 cups mashed potatoes prepared with milk and butter
- 1 cup shredded cheddar cheese divided
- 1/4 cup cooked bacon crumbled
- 1 teaspoon salt
- 1/2 teaspoon pepper

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 40 milligrams
4. Fat: 16 grams
5. Fiber: 3 grams
6. Protein: 10 grams
7. SaturatedFat: 9 grams
8. Sodium: 1060 milligrams
9. Sugar: 2 grams

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