

# Sweet Potato Fries with Toasted Marshmallow Dip

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-recipe-sweet-potatoes-and-marshmallows>

## Ingredients:

- 4 sweet potatoes peeled and cut into sticks
- 3 tablespoons olive oil
- sea salt
- 1/2 bag marshmallows
- 1/2 cup heavy cream

## Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 50 milligrams
4. Fat: 23 grams
5. Fiber: 4 grams
6. Protein: 4 grams
7. SaturatedFat: 10 grams
8. Sodium: 310 milligrams
9. Sugar: 26 grams

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