

Summer Salsa

Yield: 3 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-summer-rolls-sauce-recipe>

Ingredients:

- 1 cup strawberries small diced
- 1 cup mango small diced, 2 mangoes
- 1/4 cup diced red onion small
- 1 teaspoon jalapeno small diced, or more, depending on your preferred level of heat
- 1/4 cup chopped cilantro
- 1 cup avocado small diced, 1 large avocado
- 1/2 tablespoon lime juice or more to taste
- 1 teaspoon honey or more to taste

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 22 grams
3. Fat: 8 grams
4. Fiber: 6 grams
5. Protein: 2 grams
6. SaturatedFat: 1 grams
7. Sodium: 5 milligrams
8. Sugar: 14 grams

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