

One Pot Hamburger Stroganoff

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-recipe-one-dish-stroganoff>

Ingredients:

- 8 ounces baby portabella mushrooms sliced
- 1 small onion chopped
- 2 tablespoons butter
- 1 tablespoon olive oil
- 1 pound lean ground beef
- 3 cloves garlic minced
- 2 tablespoons all purpose flour
- 3 cups beef broth I like reduced sodium
- 3 cups egg noodles uncooked
- 1 tablespoon worcestershire sauce
- 1 teaspoon beef bullion, or 1 cube, I like better than bullion brand
- 1 teaspoon dried parsley
- 2/3 cup sour cream or more if you like it creamier
- salt
- pepper

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 115 milligrams
4. Fat: 21 grams
5. Fiber: 2 grams
6. Protein: 29 grams
7. SaturatedFat: 10 grams
8. Sodium: 870 milligrams
9. Sugar: 4 grams

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