

Homemade Shepherd's Pie

Yield: 4 min
Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-shepherds-pie-recipe>

Ingredients:

- 1 tablespoon oil
- 1 pound ground beef
- 1 clove garlic chopped
- 2 onions finely chopped
- 2 medium carrots finely diced
- 2 stalks celery finely diced
- 1/2 teaspoon salt
- 1/4 teaspoon ground paprika
- ground black pepper to taste
- 2 tablespoons white flour
- 2 tablespoons tomato paste
- 1/3 cup red wine
- 1 cup beef broth
- 1 cup frozen peas
- 1 tablespoon chopped parsley finely
- 1/2 teaspoon thyme finely chopped
- 1 teaspoon rosemary finely chopped
- 4 cups mashed potatoes click for my recipe and you'll have some leftovers to sneak during cooking
- 1/2 cup shredded cheddar cheese

Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 115 milligrams
4. Fat: 34 grams
5. Fiber: 9 grams
6. Protein: 33 grams
7. SaturatedFat: 16 grams

8. Sodium: 1450 milligrams
 9. Sugar: 9 grams
 10. TransFat: 1 grams
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