

Caramel Pecan French Toast

Yield: 6 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-recipe-for-praline-pecan-french-toast>

Ingredients:

- 1 cup firmly packed brown sugar
- 1/2 cup butter
- 2 tablespoons light corn syrup
- 4 tablespoons cream
- 12 slices Texas toast
- 1 1/2 cups milk
- 6 eggs slightly beaten
- 1 teaspoon vanilla
- 1/8 teaspoon salt
- 1/2 cup pecans optional

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 265 milligrams
4. Fat: 33 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 14 grams
8. Sodium: 290 milligrams
9. Sugar: 42 grams

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