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Whole Chicken Noodle Soup From Scratch

Yield: 4 min Total Time: 150 min

Recipe from: <u>https://www.recipeschoose.com/recipes/southern-living-recipe-for-best-chicken-noodle-soup</u>

Ingredients:

- homemade chicken broth
- 1 whole chicken about 3 to 4 lbs
- 1 medium onion peeled and halved
- 2 bay leaves
- 10 cups water
- chicken noodle soup Chunky
- 3 cups chicken shredded
- 2 cups noodles about 5 to 6 ounces dry weight **see note 1
- 6 celery stalks
- 5 large carrots
- 1 medium onion
- 3 garlic cloves
- 1 teaspoon freshly cracked pepper
- 1 teaspoon salt or salt to taste
- 2 tablespoons butter
- 2 teaspoons dried Italian herbs ** see note 3

Nutrition:

- 1. Calories: 830 calories
- 2. Carbohydrate: 31 grams
- 3. Cholesterol: 385 milligrams
- 4. Fat: 25 grams
- 5. Fiber: 5 grams
- 6. Protein: 117 grams
- 7. SaturatedFat: 9 grams
- 8. Sodium: 1210 milligrams

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