## RecipesCh@~se

## Stand Mixer Rustic Peasant Bread

Yield: 10 min Total Time: 135 min

Recipe from: https://www.recipeschoose.com/recipes/southern-living-recipe-book-stand

## **Ingredients:**

- 1 3/4 cups water 110 degree
- 1 tablespoon yeast one package will do
- 1 tablespoon sugar
- 4 1/2 cups AP flour
- 1/4 cup whole wheat flour
- 2 teaspoons salt

## **Nutrition:**

- Calories: 220 calories
  Carbohydrate: 47 grams
- 3. Fat: 0.5 grams4. Fiber: 2 grams
- 5. Protein: 7 grams
- 6. Sodium: 480 milligrams
- 7. Sugar: 1 grams

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