

Apple Dumplings

Yield: 16 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-recipe-apple-dumplings>

Ingredients:

- 16 ounces crescent rolls
- 2 sticks butter
- 1 1/2 cups brown sugar
- 1 teaspoon vanilla
- 1 teaspoon cinnamon
- 1 1/2 cups 7 Up or other lemon soda
- 2 apples Golden Delicious or Granny Smith

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 50 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 11 grams
8. Sodium: 300 milligrams
9. Sugar: 21 grams

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