

Zucchini Fritters

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-squash-and-onions-recipe>

Ingredients:

- 2 cups squash grated zucchini
- 1/4 cup all purpose flour
- 1/3 cup cornmeal
- 1 onion small, finely chopped
- 1 clove garlic finely minced
- 1 egg
- 1/4 cup grated Parmesan cheese
- black pepper Kosher salt and, to taste

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 40 milligrams
4. Fat: 2.5 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 1 grams
8. Sodium: 80 milligrams
9. Sugar: 1 grams

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