

# Perfect Mashed Potatoes

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-perfect-mashed-potatoes-recipe>

## Ingredients:

- 4 pounds russet potatoes
- 1/2 cup milk
- 1/4 cup butter
- 1/2 cup sour cream
- salt
- pepper

## Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 86 grams
3. Cholesterol: 50 milligrams
4. Fat: 18 grams
5. Fiber: 5 grams
6. Protein: 12 grams
7. SaturatedFat: 11 grams
8. Sodium: 340 milligrams
9. Sugar: 8 grams

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