

Pumpkin Cookies with Penuche Frosting

Yield: 48 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-penuche-frosting-recipe>

Ingredients:

- 1 cup shortening
- 1/2 cup brown sugar packed
- 1/2 cup white sugar
- 1 cup pumpkin puree
- 1 egg
- 1 teaspoon vanilla extract
- 2 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1 teaspoon ground cinnamon
- 1/2 teaspoon salt
- 1 cup chopped walnuts
- 3 tablespoons butter
- 1/2 cup brown sugar packed
- 1/4 cup milk
- 2 cups confectioners sugar

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 5 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 85 milligrams
9. Sugar: 10 grams

10. TransFat: 0.5 grams

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