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Pear Salad

Yield: 4 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/southern-living-pear-salad-recipe

Ingredients:

- 1/3 cup extra virgin olive oil
- 2 tablespoons balsamic vinegar
- 1 tablespoon honey
- 1 teaspoon Dijon mustard
- 3 cloves garlic minced
- salt
- freshly ground black pepper
- 1/2 cup candied pecans roughly chopped
- 8 ounces salad greens blend
- 1/2 cup Parmesan cheese shaved NOT grated
- 2 pears sliced thinly Bartlett or Anjou pears work great
- 1/2 cup feta cheese or goat cheese
- 1/3 cup dried cranberries

Nutrition:

Calories: 360 calories
Carbohydrate: 25 grams
Cholesterol: 25 milligrams

4. Fat: 25 grams5. Fiber: 4 grams6. Protein: 8 grams7. SaturatedFat: 7 grams

8. Sodium: 620 milligrams

9. Sugar: 18 grams

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