

# Peach Salsa

Yield: 2 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-peach-empanadas-recipe>

## Ingredients:

- 4 peaches ripe but firm yellow, chopped, skin on or off, your choice, skin on makes for better color, but if skin is too thick or fuzz...
- 3 tablespoons shallots chopped, or onions
- 3 jalapenos chopped, stem, seeds and ribs discarded
- juice a lemon
- 2 tablespoons chopped fresh mint
- 2 tablespoons ginger grated
- 1 teaspoon sugar
- salt
- black pepper

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 55 grams
3. Fiber: 8 grams
4. Protein: 6 grams
5. Sodium: 400 milligrams
6. Sugar: 36 grams

---

Thank you for visiting our website. Hope you enjoy Peach Salsa above. You can see more 17 mexican peach empanadas recipe Delight in these amazing recipes! to get more great cooking ideas.