

Roasted Peach Iced Tea {Powernap}

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-peach-iced-tea-recipe>

Ingredients:

- 4 peaches medium, pitted and sliced in half
- 1 tablespoon granulated sugar
- 4 cups brewed tea freshly, cooled slightly

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 18 grams
3. Fiber: 3 grams
4. Protein: 2 grams
5. Sodium: 5 milligrams
6. Sugar: 15 grams

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