

Old Fashioned Carrot Cake

Yield: 16 min
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-old-fashioned-carrot-cake-recipe>

Ingredients:

- 2 1/2 cups finely grated carrot
- 2 cups all-purpose flour
- 2 cups sugar
- 4 large eggs
- 1 cup vegetable oil
- 2 teaspoons baking soda
- 1 teaspoon salt
- 1 teaspoon vanilla extract
- 2 teaspoons ground cinnamon
- 3 cups powdered sugar
- 8 ounces cream cheese softened
- 1 stick butter softened
- 2 teaspoons pure vanilla extract
- 1/4 cup walnuts chopped, optional

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 85 milligrams
4. Fat: 27 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 8 grams
8. Sodium: 410 milligrams
9. Sugar: 48 grams

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