

# Old Fashioned Banana Pudding

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-old-fashioned-banana-pudding-recipe>

## Ingredients:

- 2 cups sugar divided
- 1/2 cup all purpose flour
- 1 dash salt
- 4 large eggs separated
- 3 cups milk
- 1/4 cup butter
- 2 teaspoons vanilla extract
- 11 ounces vanilla wafers
- 4 bananas sliced

## Nutrition:

1. Calories: 1200 calories
2. Carbohydrate: 209 grams
3. Cholesterol: 300 milligrams
4. Fat: 33 grams
5. Fiber: 6 grams
6. Protein: 22 grams
7. SaturatedFat: 14 grams
8. Sodium: 600 milligrams
9. Sugar: 156 grams

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