

New Year's Day Soup

Yield: 12 min
Total Time: 585 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-new-year-s-day-soup-recipe>

Ingredients:

- 1 pound black-eyed peas
- 31 1/2 ounces beef broth
- 1 ounce onion soup mix
- 1 pound smoked sausage sliced
- 1 cup long-grain white rice uncooked
- 4 ounces green chilies diced, drained
- ground black pepper to taste

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 40 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 20 grams
7. SaturatedFat: 6 grams
8. Sodium: 1070 milligrams
9. Sugar: 1 grams
10. TransFat: 1 grams

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