

Easy Turkey Meatloaf

Yield: 6 min
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-meatloaf-recipe-with-oatmeal>

Ingredients:

- 1 pound lean ground turkey not cooked
- 2 eggs
- 1 bunch green onions chopped
- 1/4 cup ketchup
- salt
- pepper
- 1 cup oatmeal
- 1 can tomato soup 10.75 ounces
- 2 tablespoons worcestershire sauce
- 2 tablespoons brown sugar

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 130 milligrams
4. Fat: 9 grams
5. Fiber: 3 grams
6. Protein: 18 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 570 milligrams
9. Sugar: 8 grams

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