

Maryland Crab Cakes

Yield: 216 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-maryland-crab-cakes-recipe>

Ingredients:

- 2 pounds lump crabmeat jumbo
- 2 eggs
- 2 tablespoons mayonnaise
- 1 teaspoon Dijon mustard
- 1 tablespoon worcestershire sauce
- 1/4 cup fresh parsley minced
- 6 tablespoons cracker meal
- vegetable oil

Nutrition:

1. Calories: 5 calories
2. Cholesterol: 5 milligrams
3. Protein: 1 grams
4. Sodium: 15 milligrams

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