

Marry Me Chicken

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-marry-me-chicken-recipe>

Ingredients:

- 1 tablespoon olive oil
- 4 chicken breasts Large
- salt
- pepper
- 2 cloves garlic minced
- 1 teaspoon thyme
- 1 teaspoon red pepper flakes
- 3/4 cup chicken broth
- 1/2 cup heavy cream
- 1/2 cup sundried tomatoes chopped
- 1/2 cup grated Parmesan cheese Freshly
- fresh basil

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 205 milligrams
4. Fat: 28 grams
5. Fiber: 2 grams
6. Protein: 55 grams
7. SaturatedFat: 13 grams
8. Sodium: 820 milligrams
9. Sugar: 3 grams

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