

# Uncooked Macaroni Crock Pot Mac and Cheese

Yield: 4 min  
Total Time: 145 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-mac-cheese-recipe>

## Ingredients:

- 1 cup macaroni Standard
- 2 cups milk
- 1/2 teaspoon salt
- 1/2 teaspoon dry mustard
- 1/4 teaspoon black pepper
- 1/4 teaspoon garlic powder
- 1/4 teaspoon paprika
- 1 tablespoon butter
- 1 cup cheese your choice I used sharp cheddar

## Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 50 milligrams
4. Fat: 16 grams
5. Fiber: 1 grams
6. Protein: 17 grams
7. SaturatedFat: 9 grams
8. Sodium: 580 milligrams
9. Sugar: 9 grams

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