

# Delicious London broil

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-london-broil-recipe>

## Ingredients:

- 2 pounds london broil
- 1 cup Italian dressing
- 1/4 cup soy sauce if making GF use Kikkoman GF Soy Sauce
- 1/4 cup honey

## Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 60 milligrams
4. Fat: 23 grams
5. Protein: 34 grams
6. SaturatedFat: 6 grams
7. Sodium: 1330 milligrams
8. Sugar: 15 grams

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