

Lemon Vinaigrette Dressing

Yield: 4 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/lemon-vinegarette-dressing-recipes>

Ingredients:

- 1 lemon juiced and zested
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1 clove garlic fresh, minced
- 1 tablespoon fresh parsley chopped
- 1/4 cup extra virgin olive oil

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 3 grams
3. Fat: 14 grams
4. Fiber: 1 grams
5. SaturatedFat: 2 grams
6. Sodium: 300 milligrams

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