

# Lasagna

Yield: 9 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-lasagna-recipe>

## Ingredients:

- 1 pound ground beef
- 3 cloves garlic minced
- 1 cup button mushrooms chopped, 3-4 medium
- 1 onion medium, chopped
- 1 tablespoon dried basil
- 1 can diced tomatoes 796 mL, 26.9 fl oz
- 2 cans tomato paste 156 mL, 5.5 fl oz
- 9 lasagna noodles Barilla, half of a 454g box
- 3 cups cottage cheese
- 1 cup grated Parmesan cheese
- 2 tablespoons dried parsley
- 2 large eggs beaten
- 1/2 teaspoon black pepper
- 1 pound mozzarella cheese grated

## Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 145 milligrams
4. Fat: 26 grams
5. Fiber: 2 grams
6. Protein: 36 grams
7. SaturatedFat: 13 grams
8. Sodium: 990 milligrams
9. Sugar: 7 grams
10. TransFat: 0.5 grams

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