

The Best Husband's Delight Casserole

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-husband-s-delight-casserole-recipe>

Ingredients:

- 1 pound hamburger meat browned and drained
- 24 ounces spaghetti sauce jar of, any flavor
- 1 envelope spaghetti sauce mix dry and zesty
- 12 ounces medium egg noodles package of, cooked
- 16 ounces sour cream carton of
- 8 ounces shredded cheddar cheese bag of
- 8 ounces shredded mozzarella cheese bag of
- 1/2 cup shredded Parmesan cheese
- 1 teaspoon garlic salt

Nutrition:

1. Calories: 1050 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 250 milligrams
4. Fat: 79 grams
5. Fiber: 5 grams
6. Protein: 58 grams
7. SaturatedFat: 43 grams
8. Sodium: 1740 milligrams
9. Sugar: 21 grams
10. TransFat: 1 grams

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