

# Homemade Vanilla Ice Cream

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-homemade-vanilla-ice-cream-recipe>

## Ingredients:

- 2 cups heavy whipping cream
- 1 cup whole milk
- 3 large egg yolks
- 1 cup sugar
- 2 teaspoons vanilla

## Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 325 milligrams
4. Fat: 49 grams
5. Protein: 6 grams
6. SaturatedFat: 30 grams
7. Sodium: 80 milligrams
8. Sugar: 53 grams

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