

Special Juice

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/west-indian-cherry-juice-recipe>

Ingredients:

- 3 tablespoons granulated sugar
- 1 cup water
- 2 tablespoons fresh ginger grated
- 2 grapefruits ruby red, regular grapefruits are fine, too
- 2 limes

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 26 grams
3. Fiber: 3 grams
4. Protein: 2 grams
5. Sugar: 20 grams

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