

# Really Good Turkey Meatloaf

Yield: 8 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-good-meatloaf-recipe>

## Ingredients:

- 1 1/2 pounds ground turkey
- 1 onions chopped
- 2/3 cup celery chopped
- 3 ounces dry bread crumbs gluten-free
- 2 beaten eggs
- 2 tablespoons olive oil
- 2 cloves garlic minced
- 2 teaspoons poultry seasoning
- 1 1/2 teaspoons kosher salt
- 1 teaspoon black pepper
- 2 teaspoons chicken bouillon
- 1/2 cup club soda plain

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 85 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 16 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 710 milligrams
9. Sugar: 1 grams

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