

# Mom's Chicken Fettuccine Alfredo

Yield: 7 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italy-fettuccine-alfredo-recipe>

## Ingredients:

- 2 pounds chicken breast
- 3/4 pound fettuccine or angel hair or vermicelli pasta
- 1 pound mushrooms thickly sliced
- 1 onion small, finely chopped
- 3 cloves garlic minced or pressed
- 3 1/2 cups half-and-half or use 1/2 milk and 1/2 heavy cream
- 1/4 cup chopped parsley finely
- salt
- pepper
- 5 tablespoons olive oil divided
- 1 tablespoon butter

## Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 130 milligrams
4. Fat: 31 grams
5. Fiber: 3 grams
6. Protein: 40 grams
7. SaturatedFat: 12 grams
8. Sodium: 330 milligrams
9. Sugar: 3 grams

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