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Egg Noodle Lasagna

Yield: 16 min Total Time: 140 min

Recipe from: https://www.recipeschoose.com/recipes/southern-living-egg-noodle-lasagna-recipe

Ingredients:

- 1 tablespoon canola oil
- 2 1/4 pounds ground beef
- 2 teaspoons garlic powder
- 1 tablespoon parsley flakes
- 1 tablespoon dried basil
- 1 teaspoon salt
- 2 1/2 cups tomatoes with juice canned
- 6 ounces tomato paste
- 12 ounces egg noodles
- 24 ounces cottage cheese
- 2 eggs beaten
- 1 teaspoon salt
- 1 teaspoon black pepper
- 1/2 cup Parmesan cheese grated
- 2 tablespoons parsley flakes
- 1 pound sharp cheddar cheese grated
- 1 pound mozzarella cheese grated

Nutrition:

- 1. Calories: 510 calories
- 2. Carbohydrate: 21 grams
- 3. Cholesterol: 150 milligrams
- 4. Fat: 30 grams
- 5. Fiber: 2 grams
- 6. Protein: 36 grams
- 7. SaturatedFat: 15 grams
- 8. Sodium: 1050 milligrams
- 9. Sugar: 4 grams
- 10. TransFat: 0.5 grams

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