

Creamy Tomato Soup

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-creamy-tomato-soup-recipe>

Ingredients:

- 1 tablespoon olive oil
- 2 tablespoons butter
- 1 yellow onion chopped
- 2 cloves garlic minced
- 28 ounces tomatoes whole
- 4 cups vegetable broth
- 1/2 cup cream heavy, whipping
- cream optional
- chopped parsley optional

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 30 milligrams
4. Fat: 11 grams
5. Fiber: 2 grams
6. Protein: 2 grams
7. SaturatedFat: 6 grams
8. Sodium: 670 milligrams
9. Sugar: 6 grams

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