

Loaded Cream of Potato Soup

Yield: 12 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-cream-of-potato-soup-recipe>

Ingredients:

- 2 onions
- 6 large carrots
- 6 cloves garlic
- 1/4 cup parsley
- 1 stick butter
- 1/2 cup flour all-purpose
- 3 cups vegetable broth
- 1 1/2 cups heavy cream
- 2 cups milk
- 15 yukon gold potatoes cut into bite-size chunks
- 1 1/2 teaspoons salt
- 1/4 teaspoon cayenne pepper
- 1/4 teaspoon black pepper
- sour cream
- green onions or chives
- cheddar cheese
- bacon optional

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 75 milligrams
4. Fat: 24 grams
5. Fiber: 10 grams
6. Protein: 13 grams
7. SaturatedFat: 14 grams
8. Sodium: 700 milligrams
9. Sugar: 6 grams

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