

Crab Soup

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/crab-soup-recipe-indian-style>

Ingredients:

- 4 crabs medium
- 1 medium onion chopped
- 1 tablespoon thyme leaves chopped
- 3 small tomatoes crushed
- 1 teaspoon garlic paste
- 1 teaspoon ginger paste
- 1 tablespoon coriander root and stem
- 1 tablespoon coriander leaves finely chopped
- 2 tablespoons oil
- 2 red chillies sliced lengthwise, optional
- salt
- black pepper
- water

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 15 milligrams
4. Fat: 7 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 270 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Crab Soup above. You can see more 16 crab soup recipe indian style Get cooking and enjoy! to get more great cooking ideas.